



URBAN NIRVANA

Relax | Recharge | Heal

FULL BODY MASSAGES

Aroma Therapy (60 min).....	₹2200
Swedish (60 min)	₹2200
Deep Tissue (60 min).....	₹2200
Urban Nirvana Signature (60 min)	₹2500

EXPRESS MASSAGES

Thai Foot Massage (30/60 min)	₹900/₹1700
Foot Reflexology (30/60 min).....	₹900/₹1700
Head Massage Oil (30 min).....	₹700
Back-Neck-Shoulder with Oil (30 min)	₹1250

SCRUBS

Cucumber Body Scrub (30 min)	₹1400
Turmeric Body Scrub (30 min)	₹1400
D-tan Body Scrub (30 min)	₹1400

WRAPS

Cucumber Body Wrap (30 min).....	₹1400
Turmeric Body Wrap (30 min).....	₹1400
D-tan Body Wrap (30 min).....	₹1400

BACK POLISH

Hydrating Back Polish (30 min).....	₹1000
Purifying Back Polish (30 min)	₹1000
Skin Lightening Back Polish (30 min)	₹1000

FACIALS

Oxizinate Clean-up (40 min).....	₹1750
Calm & Soothe Clean-up (40 min).....	₹1750
Anti-Ageing Facial (60 min)	₹2200
Whitening Facial (40 min)	₹2200

ADD ON MASK

Aloe Vera Fairness Facial Mask (20 min)	₹600
Papaya Fairness Facial Mask (20 min).....	₹600
Berries Fairness Facial Mask (20 min).....	₹600

AYURVEDA ZONE

Ayurveda Abhyangam (60min 1/3 session)	₹2200/₹6600
Udwartanam (30min 1/3 session)	₹1400/₹3800
Shirodhara (30min 1/3 session)	₹1700/₹4600
Kati basti/Manya basti (30min 1 session).....	₹1200
Steam (20min).....	₹500



Terms and conditions:

Appointments: All appointments are made at the Spa Reception and will be subject to availability.

Late Arrivals/ Cancellations: In the event that you are running late, we will endeavor to conduct your full treatment, however, please note that the treatment may need to be shortened if the therapist has another booking immediately afterwards. In this case the guest will still be required to make a full payment.

Cancellation Policy: We require a minimum of 3 hour cancellation notice prior to your scheduled time. No-show will be charged at 50% of the cost of services booked and will be charged during the hotel stay. The reservation of an appointment indicates that Urban Nirvana Spa has reserved the service time for you and therefore did not book any other guest during that period.

Dress code: We recommend you to wear comfortable clothing to the spa and leave your valuables, safe in the locker before coming to the spa.

Zen: Overcoming stress should be the first step towards improving your body. Use your time to relax. You are requested to refrain from alcohol, smoking and not use mobile phones in the spa. if you have any questions or queries while using the spa facilities, all our staff will be pleased to guide you.

We remind you that you are in a professional spa. Please do not expect anything other than therapeutic Spa Services.

Spa Timings: 8 am to 8 pm

